



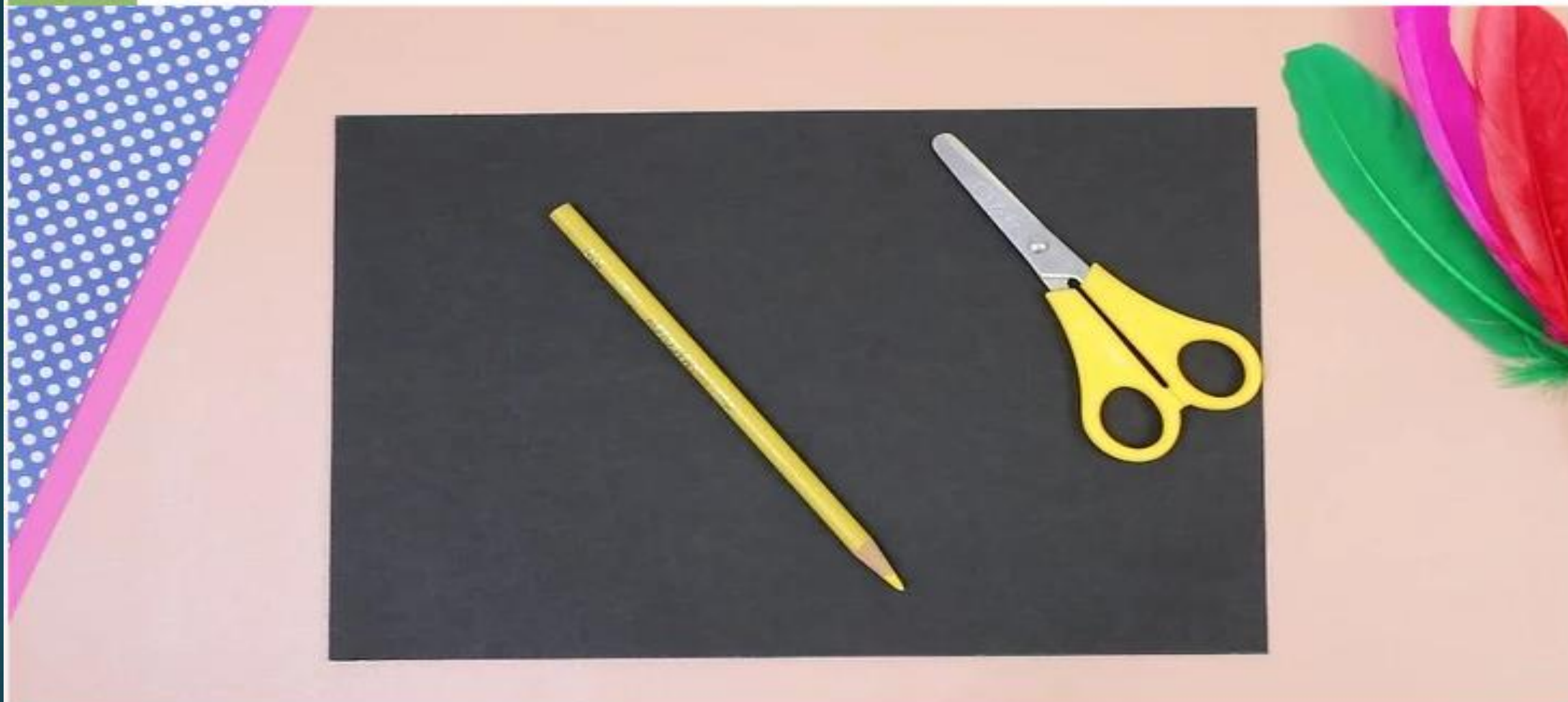
Β ΥΓΕΙΑΣ 2

ΙΩΑΝΝΑ ΖΑΧΟΠΟΥΛΟΥ

Paper Mask



Materials: Cardstock, pencil, razor blade, scissor, crayons and paint, markers, glitter, jewels, Craft glue, Feathers.

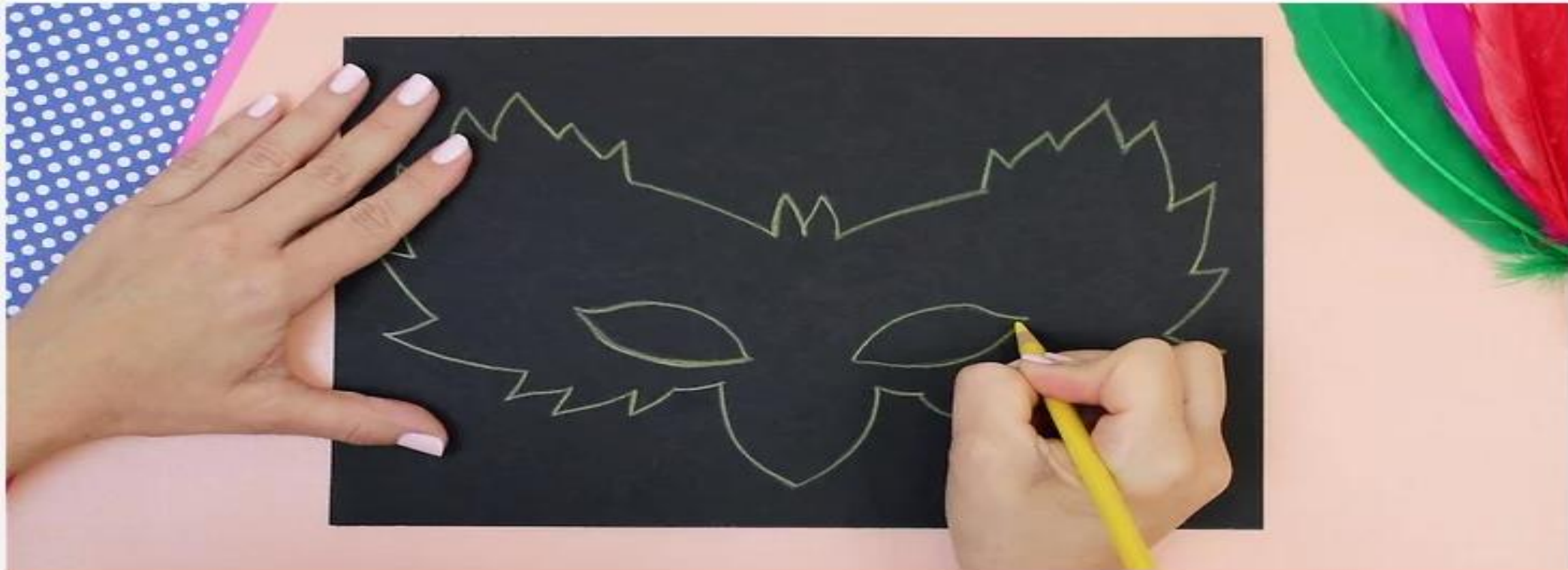


- 1 Choose your material.** Cardstock is going to be the best material to use for your paper mask, but you can also use heavy cardboard or even a sturdy paper plate.^[1] Choose any color you'd like and decide what shape you want.



2 Draw the shape.^[2] You can make a mask to cover your eyes, half your face or the entire thing. Decide what shape best fits the occasion and draw it on the cardstock.^[3]

- To make your mask symmetrical, fold your paper in half and draw half of the mask. Place it up to the window and trace the shape on the other half of your paper. You can also cut out the half-shape while your mask is still folded, just be sure that the center is along the fold or you'll end up with two separate halves.



- 3** **Draw eye holes and, if necessary, a mouth hole.** To make sure the eye holes are in the right place, first hold the mask in front of your face, then use a pencil to make a small mark on the area in front of your eyes. You can then draw the eyes around the mark. Do the same for the mouth if making a full-face mask.



4 **Cut out the eyes.** Use an X-Acto knife or a razor blade to cut out two holes for the eyes. If you've decided to make a full-face mask, cut out the mouth hole as well. ^[4]

- If you don't have an X-Acto knife or a razor blade - or if there isn't an adult present - you can cut them out with scissors. Just fold the mask across where you want to cut the eye and cut a small hole. You can then insert your scissors through the hole to cut out the remaining shape of the eye.
- Don't cut out your full mask yet. Leave the extra paper around the shape in case you find that you want a larger one while you're decorating.

Decorating Your Mask



1 **Color your mask with markers, crayons and paint.** Now that you have the shape of your mask, design its base color. You can use any medium that you wish to make your design, but paint, markers and crayons work best. You can make it a solid color or add designs such as stripes, stars, polka dots or even scars.^[5]

- Chalk and pastels can rub off and get into your eyes, while markers with heavy scents or fumes can irritate your eyes and nose.



2 Add glitter, jewels, feathers or any other decoration you have available. Once you've finished your base layer of color, put your additions onto your paper mask. Use white craft glue to attach them to your mask because it is water based and less likely to aggravate your skin or eyes. Craft glue is also flexible when dry, so your mask will still be able to form around your face.

- Be careful that your chosen decorations are not too heavy or too numerous. Too many additions will weigh down the paper and make it difficult for the mask to maintain its form. Too much added weight will also make it difficult for the mask to stay in place over your face.

Decorating Your Mask



- 3** Set your mask aside so it can dry completely. Before doing anything else with your mask, let it dry completely. If possible, leave it overnight. If you continue before letting the glue or paint dry, you will likely ruin your mask before you ever get to wear it.^[6]

Part
3

Making Your Mask Wearable



- 1 Cut out your mask.** Now that you've decorated your mask, use scissors, an X-Acto knife or a razor blade to cut out the shape. Be careful not to cut off any of the feathers or additions that you've attached. Bend the paper if you need to make it easier for cutting with scissors.



- 2 Attach some ribbon.** Get two pieces of ribbon, each about a foot long. If you don't like ribbon, use some heavy-duty string to create the tie for to wear your mask.
- Glue the ends of your ribbon to the inside of your mask. Start the ribbon just outside the eyes and glue it from here to the edge of your mask.
 - If you have a hole punch, you can also punch holes in the area between the eyes and the edge of your mask. Then slip the ribbon through the hole and tie it in snug loop.
 - Stapling your ribbon is not a safe choice. It could come loose and scratch your eye.
 - Once you've attached the ribbon or string, pull it around your head and tie it in the



3 Attach a stick, alternatively. If you wish to hold your mask to your face rather than tying it around your head, you can use a chopstick or a dowel to make a handle. Glue the handle onto the back of the mask. White glue will hold well, as long as it is applied generously.^[7]

- You can keep your handle plain or you can decorate it with paint or markers before you attach it to your mask.



Store it flat. When you take your mask off, try not to put it somewhere that will make it easy for it to be squished. Place it on a shelf rather than in a drawer.



Preserve the colors. To prevent your design from wiping or wearing off, just spray your mask with aerosol hairspray and let it dry.

▶ ΤΕΛΟΣ ΠΑΡΟΥΣΙΑΣΗΣ